



# A-B

A-B This is a strategy for getting out of sticky situations fast, think of it as an emergency U turn!

## To play:

1. Have some treats to hand and your dog on a lead in heel position.

**Your dog should be on the side of your dominant hand, and your lead in your non-dominant hand. If you're left handed, flip the instructions for this game.**

2. Put a treat in your right hand, keep your left hand still and put your right hand on the lead under your left hand.

3. Slide your right hand all the way down the lead and give your dog the treat.

4. Repeat, Repeat, Repeat! When your dog starts to look for the treat as your hand slides down the lead, you're ready to try the next step.

5. This time when you slide your hand down the lead, instead of giving the treat to the dog, pop it on their nose to lure them and take a quarter turn to the left. Your dog should be on the outside as you turn.

6. When your dog is turning with you with ease you can move onto the next step

7. Now slide your hand down the lead, pop a treat on your dog's nose and do a 180 turn to the left before releasing the treat.

8. Repeat, Repeat, Repeat! You've got your emergency U-Turn!

9. Add a verbal cue just before you slide your hand down the lead. "Let's go" or "This way" are my go to.

## Next Steps:

- Practise in lots of different places
- Make sure you practise this when you don't need it to keep it fun and fluid.