



Follow me!

This is the starting point for loose lead walking for young pups.

To play:

1. Grab a handful of treats or a small portion of your puppies dinner. We start this game off lead, in the house.
2. Decide which side you want to teach your pup to walk on first. We prefer to have them walk on the side of our dominant hand as this is the hand we reward with. The lead is then held in your non-dominant hand.
3. Walk around the room, when your puppy follows you place a treat on the floor by your foot (on whichever side you want your puppy to walk on)
4. When they look up from eating their treat, take a few more steps forward.
5. They should follow you again, when they're level with your leg use your marker word 'good' and place a treat next to your foot again.
6. If your puppy gets excited and runs off ahead, turn and walk the other way, Keep changing direction until they start following again, try not to call them.
7. Your puppy will start to follow more closely as they wait for their treat
8. When they're following closely we can make it a bit more formal.
 - Reward for turning up next to you
 - Reward for staying next to you for one step
 - Reward for staying next to you for two steps
 - Keep increasing your steps until you can walk around the room with your puppy next to you

Next steps:

1. Practise in the garden
2. When they're reliably following you practise with a lead on
3. Practise on the drive/front garden
4. Practise on the street

Each time you change the location, go back to the beginning again!