



Harnesses

We prefer to walk dogs on harnesses because if your dog pulls, or the lead gets caught, it's going to hurt them a lot less than if the lead is attached to their neck.

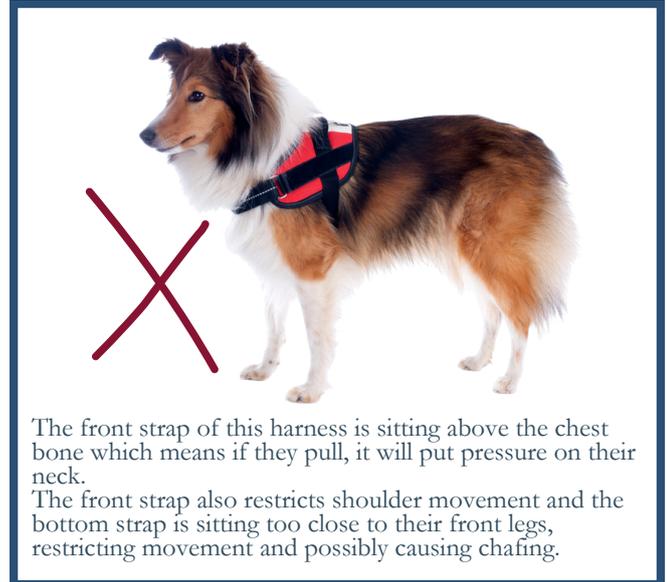
Harnesses are also the safest equipment to attach longlines to when training, and can be safer for dogs who may be a flight risk.

However, not all harnesses are good!

If your dog's harness is the **wrong size or shape** it can:

-  Restrict shoulder movement, which causes discomfort
-  Put pressure on their neck
-  Alter your dog's gait. Over longer periods this can cause musculoskeletal issues
-  Cause chafing and sore spots

We should also avoid harnesses with parts that tighten when dogs pull as these are designed to cause discomfort to your dog.



What should we look for?

-  **'Y' shaped front panel**
This shape is the best for allowing your dog to move their legs without restriction
-  Enough space behind your dog's front legs so they can move without restriction
-  Enough space between the chest panel and front legs to avoid rubbing or chafing
-  The harness doesn't shift or twist while worn

Harnesses we recommend

-  **Dog Copenhagen Comfort Walk Air:** These can be put on without going over the dog's head which is great for dogs who struggle with having a harness put on.
-  **Perfect Fit:** The modular design means these can work well for most breeds.
-  **Non-stop dogwear line harness:** These have extra room behind the dog's leg making them great for super active dogs.
-  **Ruffwear Webmaster:** These are great for sighthounds, dachshunds or dogs who have learned how to back out of a harness.
-  **True Love:** These are great, more affordable option for growing puppies.