



# Reward Zone

Often dogs pull because they think the fun stuff is up ahead. They can also fall into a pattern of taking their treat at heel and then running off ahead. This game switches where the value is and prevents forging ahead.

## To play:

1. Have some food rewards in an easily accessible pouch or pocket on your right handside. Hold your lead in your left hand and anchor it to your belly. (If you're left handed switch these around)
2. Face in the direction you want to walk and throw a treat behind you on your right hand side.
3. Once your dog has got the treat they'll start walking forward again. As soon as they come level with your right leg mark good and throw a treat behind you again.
4. Repeat until your dog is pausing at your side.
5. Now we add in movement, throw your treat behind you and take a small step forward. Mark your dog as soon as they are level with your right leg and throw a treat behind you.
6. Repeat this step until they're pausing at your side.
7. Now we can start increasing steps between rewards! This time take two steps forward before marking and throwing your treat behind you. If your dog forges ahead, go back to one step for a few repetitions.
8. We can now apply the 300 peck rules to this game. Add one more step in before marking and rewarding the dog each time. If your dog runs ahead of you go all the way back to the beginning, taking one step before moving forwards.