



Spins and Twists

This trick is great for helping stretch and warm up our dogs muscles and is yet another awesome way to play with your dog when you're out and about, teach them how to follow a lure, and build value hanging out with you.

Spins and twists are when a dog turns in a tight circle in front of you with all four feet on the floor. For us spin is clockwise, and twist is counter clockwise, but you can use whatever cue you like!

To play:

1. Have a treat in your hand
2. Stand with your dog in front of you and pop the treat in front of their nose
3. Once they start trying to get the treat, slowly move your hand toward their bottom (we're looking for a curly croissant shape)
4. Keep moving the treat slowly until they've completed a full circle
5. Use your marker word as soon as your dog has completed the circle and give them the treat.
6. Do the same thing in the opposite direction!

7. Repeat, repeat, repeat!

8. When you bet £20 they'll follow the treat round in a circle every time, try 'faking it'. Don't have anything in your hand but do exactly what you did before, then deliver a treat with the other hand.

Once your dog can do it without a treat in your hand:

1. Try standing up a little straighter
2. Can they do it with a less obvious hand movement (change it a little at a time)
3. Add the word 'Spin' or 'Twist' just before using your hand signal