



Super Bowls

This is a really versatile pattern game that helps give dogs choice over when they move forward and can also help with loose lead walking

It helps if your dog is already used to playing the 'up down' game before you try this.

To Play:

1. Grab a handful of treats and have your dog near by
2. Set out three bowls in a straight line (just over your lead length apart)
3. Stand next to the first bowl and put a treat in it. Let your dog get it (the first one is free!)
3. WAIT. Don't make any noise, stand still and wait!
4. The second your dog glances in your direction, use your marker word (Good/yes), walk to the next bowl and pop a treat in it for your dog to get.
5. Turn into a tree again, still and silent and wait.

6. The second they look at you, say use your marker word and walk to the next bowl to pop a treat in it

7. Repeat, Repeat, Repeat!

Top Tips:

The key is to wait until they look at you, looking at you moves them forward. If they don't look at you, you stay where you are.

They don't need to look into your eyes, just looking at any point on your body will do.

If they try to move away, let them and set your bowls up further away from whatever distraction you're working with.

Once your dog understand the game you can ditch the bowls and play it by popping a treat on the floor after a few steps.