Temptation Stations

This game helps proof loose lead walking around distractions!

To play:

1. You'll need your dog, a lead, a handful of treats and some distractions (think toys, random household objects, empty bowls or things that smell tempting)

2. Lay your distractions out on the floor in a circle. Then stand far enough away that your dog can focus on you and not the distraction.

3. Start to walk around your circle of distractions, rewarding your dog for walking on a loose lead.

If they struggle at any point, take a few steps away from the distraction.

4. If they look at he distraction without moving towards it, mark and reward that too.

5. If they manage two full circuits without lunging to the distractions, make your circle smaller by a fraction and repeat.

6. Increase the distraction, put some treats in amongst the distractions or add in a favourite toy.

7. Work through steps 3 - 5 until your dog is able to walk two full circles within a leads length of the distraction without lunging/moving towards them.

8. The next time they glance at the distraction, pause and wait for them to re-engage with you. If they do cue 'get it' and let them get to the distraction.

9. Wait for them to re-engage with you and then start walking again.

10. This time when they look at the distraction, keep walking. Vary between releasing them to get to the distraction when they check in, and asking them to walk on.

To make this game harder:

1. Practise walking directly towards the distraction instead of around them.

2. Lay your distractions out in two straight lines and walk down the middle of them